



Fresh Steps EAP, Inc.
Equine Assisted Psychotherapy Services, Therapeutic Riding
 6515 Green Meadow Drive, Helena, MT 59602
 406.558.4743 or fax 406.204.4518

Therapeutic Riding Assistant – Volunteer Application

Name: _____

Address: _____

Home: _____ Work: _____ Cell: _____ Other: _____

Email: _____ Date of Birth: _____

Please, briefly describe your experience with horses:

Have you participated as a NARHA volunteer before? If so, please give approximate dates and locations:

Describe any work you have done with persons with physical or mental health issues:

Do you have anyone you would like to contact who may be interested in our services or volunteer opportunities?
 Please provide their name and phone number or email address:

I am interested in volunteering for (Please select all that apply):

- | | |
|---|--|
| <input type="checkbox"/> Therapeutic riding sessions <input type="checkbox"/> Facility maintenance <input type="checkbox"/> Manure cleanup <input type="checkbox"/> Cleaning tack (equipment used in sessions) <input type="checkbox"/> Organizing tack <input type="checkbox"/> Feeding (hay/grain) <input type="checkbox"/> Turning out and bringing in horses (in pasture) | <input type="checkbox"/> Fence/Gates installation and/or maintenance <input type="checkbox"/> Grooming horses <input type="checkbox"/> Putting up hay (end of summer) <input type="checkbox"/> Grounds maintenance (planting, flowers, grass) <input type="checkbox"/> Hanging up posters or notices <input type="checkbox"/> Putting together packets for new participants <input type="checkbox"/> Other (please explain): |
|---|--|

I am available to volunteer (mark all times that apply):

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|--------|---------|-----------|----------|--------|----------|--------|
| 10:00 | | | | | | | |
| 11:00 | | | | | | | |
| 12:00 | | | | | | | |
| 1:00 | | | | | | | |
| 2:00 | | | | | | | |
| 3:00 | | | | | | | |
| 4:00 | | | | | | | |
| 5:00 | | | | | | | |
| 6:00 | | | | | | | |
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |

**Please use the reverse of this page or add additional sheets if needed.
 Thank you! We look forward to working with you!**